



Climate Quest Recap Meals Monday

Click on the icons to access the content

Links open best in Google Chrome

Plant based recipe challenge

Watch as Jimmy leads a vegan chocolate chip cookie recipe. Our challenge for you is to find a plant-based recipe and try it at home!





Grade 3 -12

Investigate your plate

Use the drawing and calculation activity to find out just how climate-friendly your meals are!

MEALS MONDAY! Investigate Your Plate Here are the steps for your challenge on this new Meals Monday!: 1. Nava look at the sheet "Useful Info" on page 1 of this activity list to learn about greenhouse gas emissions (GHO) from different steps in producing a variety of floods before they end up in your plate. 2. Using copies of page 2, have fun drawing youthly you can find on your plate and the page 2. The plane fund of the page 2 was the producing a variety of flood before they end up to page 1 was place and the page 2. The plane fund of the page 2 was placed to page 2. The plane fund of the page 2 was placed to page 3. Eight new gives and your flows are page 1 was plane for the page 2. The plane fund of the page 2 was plane for the page 2. The plane fund of the page 2 was plane for the page 3. Eight new gives a flood you have drawn on the plate. Using the information on page 3. Eight new of page 4 was plane fund of the page 4. Which you page 2 results in hard, have a discussion with an add with home a first of things your could change to reduce the contribution of your meals to greenhouse gas emissions.

Grade 6 -12

Read along and start seedlings

Listen as Jimmy reads the book "Grandpa's Garden" by Stella Fry. After, use the activity sheet to learn about home gardening and take climate action in your backyard!



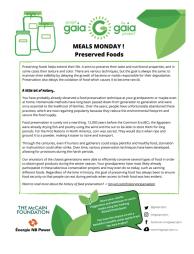


Grade k-8

Food preservation

Use the following info and activity sheets to learn about interesting facts and discover tricks to try food preservation at home.

Grade 6-12



Dealing with food waste: Compost, broth & regrowth

Let's explore different ways we can reduce food waste by composting, creating broth and regrowing veggie scraps! Use the activity sheet to try and regrow some of your favorite veggies.





Grade 3-12



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