



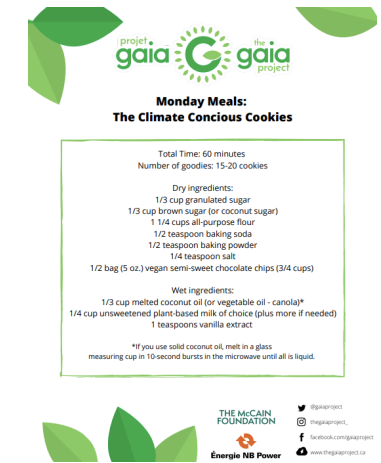
# Climate Quest Recap Meals Monday

Click on the icons to access the content

\*Links open best in Google Chrome\*

## Plant based recipe challenge

Watch as Jimmy leads a vegan chocolate chip cookie recipe. Our challenge for you is to find a plant-based recipe and try it at home!



Grade 3 -12

## Investigate your plate

Use the drawing and calculation activity to find out just how climate-friendly your meals are!

Grade 6 -12



## Read along and start seedlings

Listen as Jimmy reads the book "Grandpa's Garden" by Stella Fry. After, use the activity sheet to learn about home gardening and take climate action in your backyard!



Grade k-8

## Food preservation

Use the following info and activity sheets to learn about interesting facts and discover tricks to try food preservation at home.

Grade 6-12



## Dealing with food waste : Compost, broth & regrowth

Let's explore different ways we can reduce food waste by composting, creating broth and regrowing veggie scraps! Use the activity sheet to try and regrow some of your favorite veggies.



Grade 3-12

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